#### You're Invited

#### Thursday, March 6th, 2014

Aloft Hotel 1900 E. Speedway Tucson, Arizona 85719 Room: Tactic 2

5:30 PM to 7:45 PM Presentation Starts at: 6:00 PM







Presented by:

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> Please RSVP by March 3, 2014 to: Mari@CentralHandTherapy.com or Call: (520) 321-1495 www.centralhandtherapy.com

Common, but Dangerous, Developmental Derailers that Professionals Often Miss

### Common but Dangerous Developmental Derailers that Professionals Often Miss

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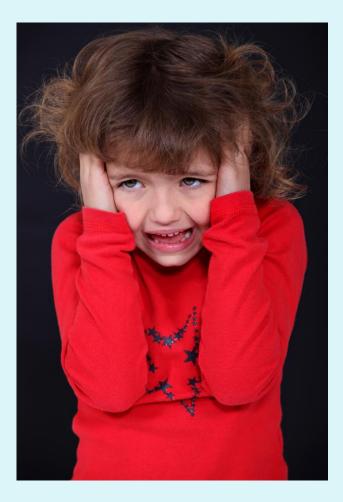
S.P.D.? S.I.D.? A.S.D.? L.D.? E.D.? A.D.D.? A.D.H.D.? O.C.D.? P.D.D.? N.V.L.D.? **P.T.S.D.**? B.P.D.? M.C.D.?

#### The Goals of this Session:

- 1. Discuss red flag profiles
- 2. Highlight developmental derailers
- 3. Make intervention recommendations
- 4. Model integrative professional approach















#### **Community Observations**

• Mostly crisis/ chronic problem (1-10 yrs late)

Common labels: ADHD/LD/SID

Medication as 1<sup>st</sup> line treatment

• Dramatic assessment variance

• Pattern: "Solo practitioners in silos"

## Common mistakes made with UFO's or elusive/shadowy phenomena?

- Generic categories:
  - P.D.D./A.D.H.D./L.D./SID
- "They'll grow out of it!"
- "Let's revisit this"

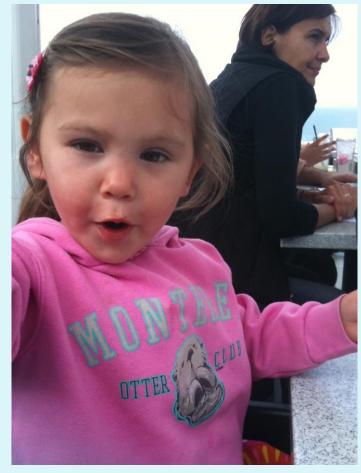


# The Newborn: Possible Warning Signs



- More often cesarean section.
- 2. Mechanical issues with sucking/feeding.
  - . Colic, gut issues and skin irritations.
  - . Difficult to soothe.
  - . Difficulty transitioning to solids.
  - Lack of rhythmic sleep cycle.
  - Avoidance of tummy time.
- 8. Poor eye contact with caregiver.

#### Toddler: Possible Warning Signs



- 1. Late to achieve milestones.
- 2. Problematic sleep to wake transitions.
- 3. Narrow diet and/or hypersensitivities.
- 4. May overstuff mouth and glug liquids.
- 5. Atypical reactions to physical contact.
- 6. Hygenic related battles.
- 7. Chronic ear infections.
- 8. Playground difficulties.
- 9. Highly anxious or fearful.
- 10. Reckless/injury prone.
- 11. Abnormally intense tantrums.

#### Early Childhood: Possible Warnings



- 1. Sleep issues.
- 2. Poor expressive/receptive language
- 3. Food issues continue.
- 4. No hand dominance.
- 5. Toileting issues.
- 6. Lacking coordination.
- 7. Low frustration tolerance.
- 8. Atypical tantrums.
- 9. Repetitive behaviors/themes.
- 10. Task avoidance.

#### School Aged Child: Possible Warnings



- 1. Poor attention/focus.
- 2. Academics may be fine.
- 3. Difficulty staying seated.
- 4. Poor seated posture.
- 5. Avoidance of writing tasks.
- 6. Poor handwriting.
- 7. Awkward, per parents.
- 8. May or may not like team sports.
- 9. Toileting issues.
- 10. Social issues.
- 11. Difficulty with task completion.
- 12. Inconsistency with instructions.
- 13. Delayed motor development.

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#### The List:

#### **Philosophy & Framework**

- Under the radar but prevalent (UFO's)
- "Groupings" best term?
- May be better names or redundancy/overlap
- Goal ultimately <u>dimensional</u> vs categorical



### 12 Commonly Missed or Ignored Derailers

- 1. Abnormalities in neurochemistry and neurocircuitry.
- 2. Retained primitive reflexes.
- 3. Lack of full inter-hemispheric integration.
- 4. Deficient proprioceptive, auditory and/or ocular motor processing.
- 5. Core weakness and postural muscle imbalance.
- 6. Lacks internal locus of control.
- 7. Impaired executive function.
- 8. Emotional dysregulation.
- 9. Verbal and behavioral pre-occupation/themes.
- 10. Social awkwardness.
- 11. Trauma.
- 12. Familial dysfunction.

#### Prelude to specifics

Role of handout – Features/Labels/Decisions

- What would you most likely....
  - Miss/ignore
  - Think they will grow out of

#### • Who **most reminiscent** of each grouping?

#### Abnormalities in neurochemistry and/or neuro-circuitry

#### **Retained primitive reflexes**

#### Lack of full inter-hemispheric integration

### Deficient proprioceptive, auditory and/or ocular motor processing

### Core weakness and postural muscle imbalance

#### Lacks internal locus of control

#### Impaired executive function.

#### **Emotional dysregulation**

#### Verbal and behavioral pre-occupation/themes

#### Social awkwardness

#### Trauma

#### **Familial dysfunction**

#### Multidisciplinary case study: "KC"

#### **Lessons Learned:**

 More experience=more Humility Truly Integrative=frequent communication Team orientation=quicker resolution Co-assessment Avoid "speaking in tongues" Skills focused, not categorically focused Thick skin Open to being challenged

# Final Recommendations:Watch for UFO's

Seek out information from other professionals

 Recognize when medication helpful vs problematic

• Ultimate question: what skill (s) missing?

## Is there one child you can work with more effectively now?



#### THANK YOU!