

## Dr. Thomas Brunner | Adult Psychologist & Behavioral Science Expert

As a specialist in adult psychology and behavioral science, Dr. Brunner serves as a trusted practitioner and advisor to professionals and clients by providing solution focused assessment, treatment, and consultation. As he forges strong alliances among professionals, he applies cutting edge science in a tailored manner resulting in lasting solutions.

Dr. Brunner is known in the professional community as having a unique approach he calls “Great People Science” (GPS) crafted from over a decade of broad and in-depth personal and professional experience. He has specialized skills in several areas including ADHD, anxiety, Autism, learning disability, anger, and OCD. References or sample reports are available upon request.

**Innovative & tailored approaches to provide lasting solutions to common or complex clinical problems**

## Effective Services and the GPS Approach

### Reasons people contact Dr. Brunner:

- Identify giftedness, unleash untapped potential, and accelerate academic/social success
- Efficiently conquer normal adult developmental challenges (e.g., unhappiness, conflict, career issues)
- Precisely identify and solve problems from psychological, or social challenges
- Benefit from advanced techniques to maximize social, academic, athletic, or workplace performance.
- Facilitate minimal use of medication by building key cognitive or emotional skills
- Go beyond medication by correcting the root of the focusing, memory or ADHD problems
- Sustainable solutions for challenges stemming from ADHD, depression, anxiety, OCD, Autism, or trauma

### The GPS toolbox is fully customized to your needs and contains four unique benefits:

#### **Predictive Power:**

Quickly obtain comprehensive but concise and actionable information to make more confident and reliable life decisions.

#### **Deeper Awareness:**

Going beyond brief or shallow evaluations to clearly identify the hidden or camouflaged factors causing the problem and defining the solution.

#### **Precise Guidance:**

Precisely identify critical but hidden factors with advanced tools leading to a success formula and practical plan and roadmap.

#### **Sustainable Results:**

Utilize the most evidence-based and effective methods to create the most lasting solutions to save you money, time, and heartache.



By using his Great People Science (GPS) toolbox, Dr. Tom Brunner focuses on offering the most precise and lasting solutions. You may visit the website he wrote to get to know him better, which details his professional background, list of publications, community presentations, areas of expertise, and body of ongoing research. You may also sign up for Dr. Brunner’s free “Good to Great” blog which is read by thousands of enthusiastic people around the world.

## Profile | Adult Psychologist & Behavioral Science Expert

Dr. Brunner is a capable adult psychologist who has a reputation for delivering precise and user-friendly assistance to help you conquer a full range of learning, workplace, career, or clinical issues (ADHD, Anxiety, etc). He works closely with you to develop a precise and sustainable solution. He is a Board Licensed Psychologist and has been a consultant to St. Joseph's Hospital, the University of Arizona, and University Medical Center. As a practitioner who continues to publish research and give community presentations, he is dedicated to delivering high quality care to you. He has presented at national and regional conferences on topics including translating research into practice, ADHD, risk assessment, and advanced evaluation of anger. Dr. Brunner has provided expert opinions to private attorneys and to county courthouses around southern Arizona.

Tom and his wife Maria (native Tucsonan) have two young children with whom they enjoy the rural and Sonoran desert lifestyle with. They have deep community roots in Tucson, and enjoy giving back to our Community. Tom founded the Center for Character Strength Investment to apply cutting-edge science to the challenge of cultivating tomorrow's ethical leaders by mentoring today's youth.

## Awards & Distinctions

Dr. Brunner is humbled by the fact that in 2010, he was awarded the Arizona Psychological Foundation's Early Career Psychologist Award. He has also received several awards for his behavioral science research. Dr. Brunner is senior author of a behavioral science tool for youth that has been adapted into nine languages, and has published numerous scientific book chapters and peer-reviewed journal articles.

## Education

Dr. Brunner received his M.A. and Ph.D. in Clinical Psychology from the University of South Florida under the mentorship of one of the world's foremost experts on assessment. He completed his psychology residency at the University of Florida, and his Postdoctoral residency at the Hillsborough County School System in Tampa, Florida. Previously, he completed an M.A. in Social Science at the University of Chicago. His undergraduate degree is from Tulane University.

**Phone: 520.296.8572**

**Fax: 520.885.3922**

**San Rafael Professional Offices  
6614 East Carondelet Drive  
Tucson, Arizona 85710**

**[www.doctorbrunner.com](http://www.doctorbrunner.com)**

