

## Dr. Thomas Brunner | Child/Adolescent Psychologist & Behavioral Science Expert

As a specialist in child and developmental psychology, Dr. Brunner serves as a trusted practitioner and advisor to child professionals and clients by providing solution focused assessment, treatment, and consultation. As he forges strong alliances among childcare professionals, he applies cutting edge science in a tailored manner resulting in the most lasting solutions.

Dr. Brunner is known in the professional community as having a unique approach he calls “Great People Science” (GPS) crafted from over a decade of broad and in-depth child/adolescent experience. He has specialized skills in several areas including ADHD, anxiety, Autism, learning disability, anger, and OCD. References or sample reports are available upon request.

**Innovative & tailored approaches to provide lasting solutions to common or complex clinical problems**

## Learning/Pediatric/Clinical Services and the GPS Approach

### Reasons people contact Dr. Brunner:

- Accelerate giftedness, identify untapped potential, and setup child for academic/social success
- Effectively manage normal developmental challenges (e.g., anxiety, toileting, low self-esteem)
- Precisely identify and solve problems from learning or social disabilities
- Utilize advanced techniques to maximize academic, athletic, or workplace performance
- Empower an individual or child and minimize use of medication by strengthening core cognitive skills
- Go beyond medication to find the roots of focusing or ADHD problem
- Sustainable solutions for challenges such as depression, anxiety, OCD, Autism, or Trauma

### The GPS toolbox is fully customized to your needs and contains four unique benefits:

#### **Predictive Power:**

Quickly obtain comprehensive but concise and actionable information to make more confident and reliable parental, educational, athletic, or treatment decisions.

#### **Deeper Awareness:**

Going beyond brief or shallow evaluations to clearly identify the hidden or camouflaged factors causing the problem and defining the solution.

#### **Precise Guidance:**

Precisely identify critical but hidden factors with advanced tools leading to a success formula and practical plan and roadmap.

#### **Sustainable Results:**

Utilize the most evidence – based and effective methods to create the most lasting solutions to save you money, time, and heartache.



By using his Great People Science (GPS) toolbox, Dr. Tom Brunner focuses on offering the most precise and lasting solutions. You may visit the website he wrote to get to know him better, which details his professional background, list of publications, community presentations, areas of expertise, and body of ongoing research. You may also sign up for Dr. Brunner’s free “Good to Great” blog which is read by thousands of enthusiastic people around the world.

## Profile | Child/Adolescent Psychologist & Behavioral Science Expert

Dr. Brunner is a capable child/adolescent psychologist who has a reputation for delivering precise and user-friendly assistance to help your child conquer a full range of learning, pediatric, or clinical problems (ADHD, Anxiety, etc). He works closely with parents, schools, and pediatricians in Tucson and Southern Arizona. He is a Board Licensed Psychologist and has been a consultant to St. Joseph's Hospital, the University of Arizona, and University Medical Center. As a practitioner who continues to publish research and give community presentations, he is dedicated to delivering high quality care to your family. He has presented at national and regional conferences on topics including advanced practices and assessment/treatment, ADHD, risk assessment, and advanced evaluation of anger. Dr. Brunner has provided expert opinions regarding learning/school/clinical issues to private attorneys and to county courthouses around southern Arizona.

Tom and his wife Maria (a native Tucsonan) have two young children they enjoy sharing the Sonoran desert with. They have deep community roots in Tucson, and enjoy giving back to their community. Tom founded the Center for Character Strength Investment to apply cutting-edge science to the challenge of cultivating tomorrow's ethical leaders by mentoring today's youth.

## Awards & Distinctions

Dr. Brunner is humbled by the fact that in 2010, he was awarded the Arizona Psychological Foundation's Early Career Psychologist Award. He has also received several awards for his behavioral science research. Dr. Brunner is senior author of a behavioral science tool for youth that has been adapted into nine languages, and has published numerous scientific book chapters and peer-reviewed journal articles.

## Education

Dr. Brunner received his M.A. and Ph.D. in Clinical Psychology from the University of South Florida under the mentorship of one of the world's foremost experts on assessment. He completed his psychology residency at the University of Florida, and his Postdoctoral residency at the Hillsborough County School System in Tampa, Florida. Previously, he completed an M.A. in Social Science at the University of Chicago. His undergraduate degree is from Tulane University.

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