

The Children's Bill of Rights in Divorce

Every child whose parents divorce has:

- The right to love and be loved by both of your parents without feeling guilt or disapproval.
- The right to be protected from your parents' anger with each other.
- The right to be kept out of the middle of your parents' conflict, including the right not to pick sides, carry messages, or hear complaints about the other parent.
- The right not to have to choose one of your parents over the other.
- The right not to have to be responsible for the burden of either of your parents' emotional problems.
- The right to know well in advance about important changes that will affect your life, for example, when one of your parents is going to move or get remarried.
- The right to reasonable financial support during your childhood and through your college years.
- The right to have feelings, to express your feelings, and to have both parents listen to how you feel.
- The right to have a life that is as close as possible to what it would have been if your parents stayed together.
- The right to be a kid.